

KATINE LESSONS – PRIMARY: KS2 -COOKING AND LIFESTYLE

Cooking and Lifestyle

The film on food and community in Katine

(www.guardian.co.uk/katine/video/2007/nov/05/lifestyle) provides an excellent introduction to what life is like in Katine, a village district in north-east Uganda. The following three-part lesson encourages pupils to find out more about the area and its people.

Part One – Introduction:

After watching the film, discuss your first impressions of Katine. As a class, make a list of words to describe what life might be like there. Try to explain the reasons for the words that you choose.

Next, working with a partner, use an atlas to locate Uganda. What continent is it in and what is the capital city called? Using a print out or photocopy of a world map, use a ruler to draw a line from where you live to Uganda. How many different countries does your line pass through? What are the names of some of these countries? Have you ever visited any of them? If so, how did you get there?

If your class has a large world map, display this on the wall with your town and Katine clearly marked. Finally, choose one word from the list at the beginning of the lesson, making sure that everyone has a different word. Write these words on flashcards that you will be able to use in a future lesson. Keep them in an envelope pinned to your display.

Lesson objectives:

- to investigate places at a range of scales
- to use and interpret globes and atlases
- to know how their locality is set within a wider geographical context

National Curriculum links:

Geography at KS1 & 2

Unit 18: Connecting ourselves to the world

Section 4: Where is a place? How will we get there?

Scottish Curriculum links:

Environmental Studies – People and Place: Level C/D; Using maps; The physical environment

Useful websites:

www.worldmapper.org and www.worldatlas.com

Map of Katine:

http://www.maplandia.com/uganda/soroti/kapelebyong/katine/

Virtual map of Katine:

http://www.guardian.co.uk/katine/virtualvillage/0,,2191621,00.html



Part Two – Group task:

Katine is one of the poorest regions of Uganda. Watch the "Cooking and Lifestyle" film again, paying close attention to the food, houses and jobs that people have.

You are going to create a Venn diagram to show how things in your town and Katine are similar and different. Get into groups of four and choose one of the following headings: Food; Houses; Jobs. Write it at the top of a large sheet of paper and then draw two big, overlapping circles.

Based on the heading that you have chosen, write about what life is like in Katine in one circle, and what life is like for you in the other. Where the circles overlap, write any similarities. For example, if your heading is Jobs, you could write "collecting water" for a young person in Katine, "tidying my bedroom" for yourself, and "helping parents" where the circles overlap.

After five minutes, swap your piece of paper with another group. Read what they have written and see if you can add anything else. When you are finished, discuss your Venn diagrams as a class then take turns to complete these two sentences:

- The biggest difference between where I live and Katine is...
- A similarity between where I live and Katine is...

Lesson objectives:

- to begin to develop a sense of empathy and commonality with people in other places
- to begin to consider the feelings and points of view of others, both in their own community and in the wider world
- to begin to recognise and respect the similarities and differences between people in different
 places

National Curriculum links

Citizenship at KS1 & 2

Unit 05: Living in a diverse world

Section 3: What are different places like?

Scottish Curriculum links:

Environmental Studies – People in Society: Level C/D; People and needs in society

Useful websites:

Welcome to Katine:

http://www.guardian.co.uk/katine

Unicef – nutrition:

http://www.unicef.org/nutrition/index.html



Part Three – Extension task:

Use what you know about Katine to draw a picture showing how life there is similar to where you live

Take a sheet of paper and fold it in half. On one side, draw a picture of a young person in Katine, maybe at home or walking to school. On the other side, draw yourself doing the same activity.

Think about the things that will make the drawings different – maybe the objects in the background – and the things that will make them the same – maybe what the characters are doing or the expressions on their faces.

Colour in your drawing then cut out two speech bubbles. Think about something that you would like to say to a young person in Katine and write it in one of the speech bubbles. In the other, write something that they might say to you. Attach the speech bubbles to your picture and then use them to create a class display.

Lesson objectives:

to know that there are similarities, as well as differences, between communities in other parts of the world and our own

National Curriculum links:

Citizenship at KS 1 & 2

Unit 05: Living in a diverse world

Section 3: What are different places like?

Scottish Curriculum links:

Environmental Studies – People in Society: Level C/D; People and needs in society

Useful websites:

Life in Katine

http://www.guardian.co.uk/katine/2007/nov/17/livelihoods