




Before using Apple Watch, review the *Apple Watch Ultra User Guide* at support.apple.com/en-gb/guide/watch-ultra. Retain documentation for future reference.

Get Started

 Press and hold to turn on Apple Watch.

 Charge with magnetic charger.

Safety and Handling

See "Safety and handling" in the *Apple Watch Ultra User Guide*. Apple Watch, its operating systems and the health sensors are not medical devices.

Exposure to Radio Frequency

For radio frequency exposure information for Apple Watch, open the Apple Watch app on iPhone and tap My Watch, then go to General > About > Legal > RF Exposure. Or go to apple.com/uk/legal/rfexposure.

Battery and Charging

The lithium-ion battery in Apple Watch should be serviced or recycled by Apple or an authorised service provider. You may receive a replacement Apple Watch when ordering battery service. Batteries must be recycled or disposed of separately from household waste. For information about battery service and recycling, go to apple.com/uk/batteries/service-and-recycling. For information about charging, see "Important safety information" in the *Apple Watch Ultra User Guide*.

Medical Device Interference

Apple Watch, some of the straps and Apple Watch magnetic charging accessories contain magnets that may interfere with medical devices. See "Important safety information" in the *Apple Watch Ultra User Guide*.

Avoid Hearing Damage

To prevent possible hearing damage, do not listen at high volume levels for long periods. More information about sound and hearing is available online at apple.com/uk/sound and in "Important safety information" in the *Apple Watch Ultra User Guide*.

Regulatory

Regulatory certification information is available on device. Go to Settings > General > Regulatory. Additional regulatory information is in "Safety and handling" in the *Apple Watch Ultra User Guide*.

FCC and ISED Canada Compliance for Apple Watch and Apple Watch Magnetic Charging Cable

This device complies with part 15 of the FCC Rules and ISED Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

EU / UK Compliance



Apple Inc. hereby declares that this wireless device is in compliance with Directive 2014/53/EU and Radio Equipment Regulations 2017. A copy of the Declaration of Conformity is available at apple.com/euro/compliance. Apple's EU representative is Apple Distribution International Ltd., Hollyhill Industrial Estate, Cork, Ireland. Apple's UK representative is Apple UK Ltd., 2 Furzeground Way, Stockley Park, Middlesex, UB11 1BB.

Disposal and Recycling Information



The symbol above means that according to local laws and regulations your product and/or its battery shall be disposed of separately from household waste. When this product reaches its end of life, take it to a collection point designated by local authorities. The separate collection and recycling of your product and/or its battery at the time of disposal will help conserve natural resources and ensure that it is recycled in a manner that protects human health and the environment. For information about Apple's recycling programme, recycling collection points, restricted substances and other environmental initiatives, visit apple.com/uk/environment.

Apple One-Year Limited Warranty Summary

Apple warrants the included hardware product and accessories against defects in materials and workmanship for one year from the date of original retail purchase. Apple does not warrant against normal wear and tear, nor damage caused by accident or abuse. To obtain service, call Apple or visit an Apple Store or an Apple Authorised Service Provider — available service options are dependent on the country in which service is requested and may be restricted to the original country of sale. Call charges and international shipping charges may apply, depending on the location. Subject to the full terms and detailed information on obtaining service available at apple.com/uk/legal/warranty and support.apple.com/en-gb, if you submit a valid claim under this warranty, Apple will either repair, replace or refund your hardware device at its own discretion. Warranty benefits are in addition to rights provided under local consumer laws. You may be required to furnish proof of purchase details when making a claim under this warranty.

For Australian Consumers: Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled

to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure. Apple Pty Ltd, PO Box A2629, Sydney South, NSW 1235. Tel: 133-622.

For EU Consumers: Apple means Apple Distribution International Ltd., Hollyhill Industrial Estate, Cork, Ireland. Consumers might have remedies free of charge against the seller in the event of a lack of conformity, which are not affected by this warranty.

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Frequency	Maximum Power
3G (All Bands)*	< 25.7dBm
LTE (1, 3, 7, 8, 20, 28, 40)*	< 25.7dBm
2.4 GHz	< 100mW
13.56 MHz	< 42dBμA/m @ 10m
326.5 kHz & 1.778 MHz (Charging Only)	< -15dBμA/m @ 10m
6.0 - 8.5 GHz	< 0dBm/50 MHz
5.150 - 5.250 GHz	< 200mW
5.250 - 5.350 GHz - Use Restriction	< 200mW
5.470 - 5.725 GHz	< 200mW
5.725 - 5.875 GHz	< 25mW

* Cellular models only.

Use Restriction: This device is restricted to indoor use. This restriction applies in: AT, BE, BG, CH, CY, CZ, DE, DK, EE, EL, ES, FI, FR, HR, HU, IE, IS, IT, LI, LT, LU, LV, MT, NL, NO, PL, PT, RO, SE, SI, SK, TR, UK(NI).

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