

Allegato 1

Reçu CLT / CIH / ITH	
Le	1 8 MARS 2013
N°	0182

To the kind attention of:
Dott. Joan Reguant
Technical Coordination
UNESCO Transnational Nomination
of the Mediterranean Diet

Object: Preparation of an inventory on the products and traditions of the Mediterranean Diet within the Cilento community.

The Teggiano's Herb and Viridarium Museum was opened in June 1999. Its activity is focused on botanic researches carried out in the Cilento and Valle di Diano National Park. The collection of the museum is constituted by dry herbs, a natural herbarium, a shelving of terracotta bowl to illustrate ethnobotanic and folk medicine, linked to the plants world, some wood instruments to show the ancient work of the artisan, a section concerning the Salernitan Medical School and a place to study and analyze the local flora. There is also a cabinet with some modern preparation of phytotherapy, aromatherapy, gemmotherapy, flower therapy, with mother tinctures, essential oils, Bach flower remedies. Within the Viridarium open space some thematic flowerbeds will build, involving medicinal and officinal herbs coming from the Cilento and Valle di Diano National Park.

As President of the Teggiano's Pro Loco and Director of the Vallo di Diano of Teggiano Museum of Arts and Traditions, but also on behalf of Professor Nicola Di Novella, Scientific Director of the Teggiano's Herb and Viridarium Museum, I would like to express my deepest availability to create a specific section dedicated to the Mediterranean Diet within the general inventory of the mentioned Museum, in collaboration with the Museum of Arts and Traditions. This section would include a classification of the cultural expressions related to the Mediterranean Diet as social practice (containing horal traditions, costumes and habits, rites and festivals) with the aim of documenting, recording and safeguarding all the elements linked to the Mediterranean Diet which are still alive and present in the Cilento territory and community.

With Best Regards in the name also of the whole Teggiano and Cilento community.

Michele Morena
President of Teggiano Pro Loco