



## **Network Notification**

**Date:** September 7, 2016  
**To:** Podiatry Health Partners  
**From:** CareSource®  
**Subject:** Podiatry 10-Day Quantity Limit for Prescribing Opioids

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Opioid dependency and abuse have become national issues. Together, plan sponsors and health partners have the opportunity and responsibility to introduce proactive measures to combat this problem. One such measure is to restrict the availability of opioids. Therefore, effective **September 30, 2016**, CareSource podiatry health partners will be limited to prescribing up to a 10-day supply of opioids per written or e-prescribed prescription. If you need to prescribe for a quantity greater than 10 days, you may add refills as applicable by law, evaluate the patient and re-prescribe as medically necessary, or submit a [Pharmacy Prior Authorization Request](#) form with justification for continued opioid treatment.

Earlier this year the Center for Disease Control (CDC) recommended three-day quantity limits when opioid analgesics are needed, and that prescribers use the lowest effective dose and monitor patients for signs of misuse. CareSource understands the importance of this federal recommendation and anticipates that further reductions in opioid quantity authorization may be implemented. CareSource recognizes that we play an important role in addressing the issue of opioid addiction, misuse, and abuse.

We want to take this opportunity to thank health partners for working together with CareSource to take a proactive stance in preventing opioid addiction and diversion.